

The Carl Maxey Center Presents

Youth Yoga

an intro to yoga

with

the



Bring your own yoga mats, blocks or straps. If you don't have this equipment, we've got you covered.

Wear comfortable, athletic attire, and expect to participate with bare feet, socks are okay.

Children under 12 must be accompanied by an adult.

**FREE
EVENT!**



Friday, September 19th
5:00 - 5:30pm

at the

The Carl Maxey Center
3114 E 5th Ave



CARLMAXEYCENTER.ORG

To register for this event and for more information, scan the QR code above