



ADAPTIVE RIDING

- Adaptive Riding
- Horsemanship
- MiraColt

June 22-August 21

Summer Session coming soon!

WHAT IS ADAPTIVE RIDING?

Adaptive (therapeutic) riding is horseback riding instruction tailored to meet the unique physical, cognitive, emotional, and sensory needs of each participant.

Ages 4+
Doctor form required
Mornings or afternoons
\$675 for 9 weeks + assessment
& insurance fee
Scholarships available

WHO WE SERVE

We serve individuals with:

- ✓ Physical disabilities
- ✓ Developmental disabilities
- ✓ Intellectual disabilities
- ✓ Autism spectrum disorders
- ✓ Emotional challenges
- ✓ Behavioral challenges
- ✓ Mental health needs
- ✓ Neurological conditions

BENEFITS

- ✓ Core strength
- ✓ Balance
- ✓ Coordination
- ✓ Communication skills
- ✓ Emotional regulation
- ✓ Self-esteem
- ✓ Independence
- ✓ Social interaction
- ✓ Teamwork



REGISTER NOW



-  freereinspokane.org
-  info@freereinspokane.org
-  509-979-1468
-  6919 N. Walnut Rd

PROVIDING HEALTH, HOPE, AND HAPPINESS THROUGH EQUINE-ASSISTED SERVICES.